

COLLEGE PERSONAL STATEMENT: MIDWIFERY

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Personal Statement: Midwifery

Being a pregnant teenager changed my life; the experience made me realise just how strong women can be. The midwife that cared for me specialised in teenage pregnancies and showed me a tremendous level of compassion and empathy at an emotional and life-changing time. She encouraged and educated me without judgement and made me feel cared for and confident. I am the mother that I am today due to her support and guidance, and it is women like this, with me through my pregnancies and breastfeeding journey, who have inspired my decision to study Midwifery as an undergraduate.

I believe that I have the emotional intelligence, stamina and practical skills required to support women, particularly of younger ages, throughout pregnancy, birth and the early months of family life.

I am a dedicated and committed student with a dynamic work ethic; my studies have given me a sound range of foundational knowledge, from Human Health and Physiology, where I gained a broader understanding of human biology and function, to my BTEC Diploma in Health and Social Care. Gaining an understanding of how cells develop into a foetus in the womb, followed by the full human developmental journey was compelling, and an ideal preparation for managing the many duties of a midwife, from monitoring during pregnancy to successful delivery and continuing healthcare.

As an independent learner, I have a commitment to on-going professional development, remaining up to date with advances in the sector and new approaches to neonatal care. Reading current health care articles, I have discovered that teenage pregnancy is a field that requires increasing support for the most at risk. I strongly feel that this is the career path I would like to take, in order to help reduce cases of childhood disadvantage.

Alongside successfully achieving the 15 standards of the Care Certificate, I have also gained qualifications in first aid, moving and handling and medication distribution. Consequently, I

have a strong skill-base for the delivery of care, which I am looking forward to utilising and developing to a high level as a midwife, adding to the core skills I have already achieved in my role as a Domiciliary Care Worker. I undertook this role to increase the range of my practical experience in the care sector, balancing this role with my continuing college studies. I learned how to communicate clearly and empathetically with clients and their families and developed an understanding of the value of effective patient observation, a willingness to take responsibility, patience and maturity.

I understand the value of acting on my own initiative, remaining confident and calm in potentially critical situations, putting the patient's needs first and positively engaging with people from diverse backgrounds.

This is complimented by my valuable work experience at a private nursery, caring for newborns and children up to 5 years old. In this role, time management was essential, as I had to ensure the physical needs of several children were met, as well as stimulating their development by providing a range of suitable play activities.

I understand the importance of maintaining my own physical and emotional wellbeing, especially when working in potentially stressful healthcare environments. I read for pleasure and education, enjoy socialising with friends and family and stay physically active, maintaining a positive mindset. I consider midwifery to be a privilege and a vocation, and I am determined to become an effective advocate for women of all ages, cultures and religions, empowering and supporting them during what can be the most difficult but also incredible time.

My personal experiences, education and practical skills make me a well prepared, wise and uniquely capable candidate for this course, and I believe that, with your support, I will become a successful and highly effective midwife.

